

Proceeds Benefit

Norris Cotton Cancer Center's
Brain Tumor Research Fund

The Brain Tumor Research Fund supports research at Norris Cotton Cancer Center into the causes, prevention, and treatment of brain tumors.

The Norris Cotton Cancer Center at Dartmouth-Hitchcock Medical Center (DHMC) provides care, support and education for patients, providers and the community, while developing and conducting state-of-the-art research according to the highest ethical standards.



Water Station at the covered bridge.

Entertainment & refreshments provided

Prizes for top overall male & female finishers and medals for top age group finishers

Free short sleeve t-shirts to pre-registered 4 mile entrants

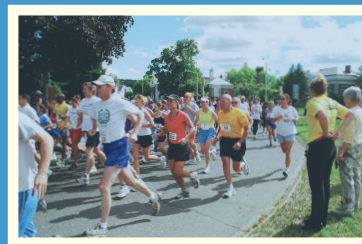
*Pre-register by June 12

6th Annual Skip Matthews Memorial Run

Father's Day



4 mile road race
and
1 mile fun run/walk



Lebanon, New Hampshire

June 21, 2009

www.skipsrun.org

Special thanks to last year's sponsors:

The Byrne Foundation • Hypertherm • Salt Hill Pub • Computac Inc.
Pathways Consulting, LLC • ARC Mechanical Contractors
Mascoma Savings Bank • Friends of DHMC Finance
Red River Computer • Downs Rachlin Martin PLLC/DRN
M.J. Hayward Mechanical Electrical Services • Goss Logan Insurance
Lang McLaughry Spera Real Estate • Pro Optical
Trumbull-Nelson Construction Co., Inc. • Ledyard National Bank
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Centurion Insurance Groups • Lebanon High School Faculty
Ricker Funeral Home • New Jersey Machine
Stebbins Bradley Harvey Miller & Brooks PA
Dulac Building and Hardware Supplies • Golf & Ski Warehouse
Bridgman, Valiante & Villard PC • Systems Plus Computers
Stateline Sports • Dunkin' Donuts • Upper Valley Produce
Three Tomatoes Trattoria • Dutille's Custom Jewelry
Lebanon Village Pizza • Carter Community Building Association
Vermont Pure Springs, Inc. • Steve's Pet Shoppe • The Canoe Club
River Valley Club • Lebanon Floral and Plants • Roger J. Roberts Real Estate
Terry Root • Rowing News • King Arthur Flour • Harpoon Brewery
Jiffy Mart • Hanover Consumer Coop • Lyme Town Band • Smoke & Mirrors

Post race BBQ sponsored by
Salt Hill Pub



Sunday, June 21 - Father's Day

9:30 am - 1 mile fun run/walk

Registration accepted until 8 am race day

10:30 am - 4 mile run

Registration accepted until 10 am race day

Race begins and ends at
Colburn Park - Lebanon Green
51 N. Park Street
Lebanon, NH

4 mile - \$15 pre-registration
(postmarked by June 12)

\$20 after June 12

1 mile fun run/ walk - FREE
(t-shirt not included in 1 mile)



Registration is online at:

www.skipsrun.org

or mail your application and check

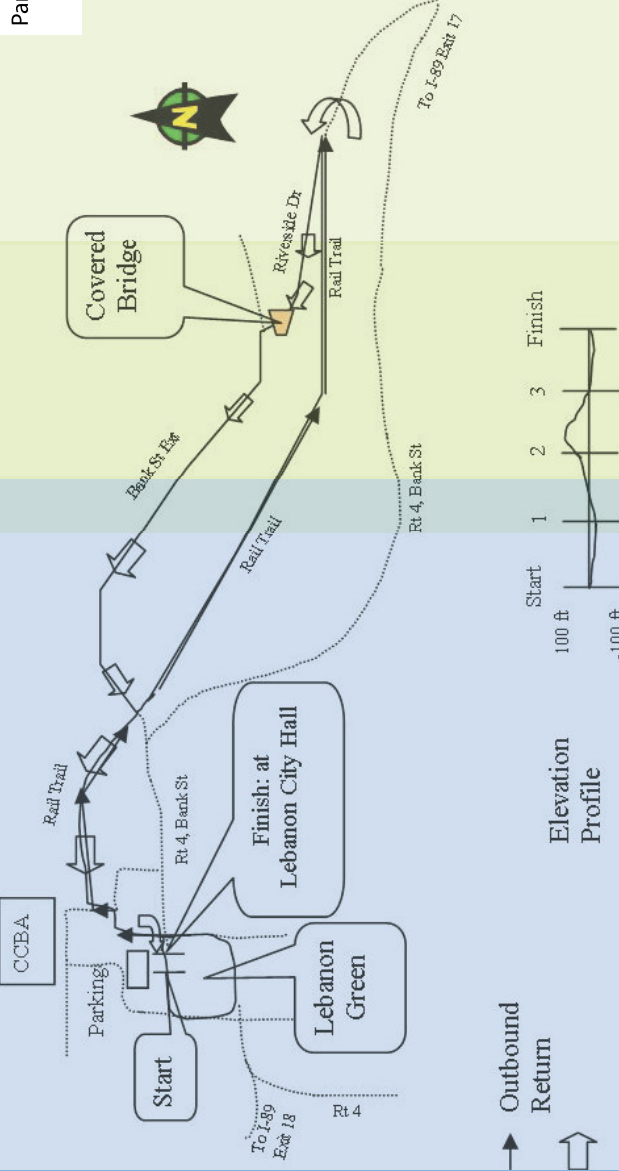
payable to:

Skip Matthews Memorial Run

PO Box 918

Lebanon, NH 03766

For more info call Fran at 603-448-2421



Parking: Behind City Hall, on Taylor Street, and along Bank Street (Rt. 4)

4 Mile Course: Fast looping course, begins at Colburn Park, follows the Rail Trail through miles 1 and 2. Exits the Rail Trail and follows Riverside Drive to the Packard Covered Bridge and then follows Bank Street Ext. through mile 3. Runners then loop back on the Rail Trail and proceed to the Finish back at Colburn Park.

USATF Race Certification # NH05002RF

Course Records*
*Female - Veken Allen, 26:07 (2007)
*Male - Keven Alliette, 21:03 (2007)



ENTRY FORM

I am entering the: 4 mile (\$15 by June 12th; \$20 afterwards) 1 mile fun run / walk (free) 1st Road Race? Y / N

Last Name _____ First Name _____ M/F _____ Email _____ T-Shirt Size _____
 Street Address _____ City, State _____ Zip Code _____ Age on 6/21 _____ S ___ M ___ L ___ XL

Donation to the Brain Tumor Research Fund (optional): \$ _____

Release and Waiver: I know that running is a potentially hazardous activity. I should not enter and run the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risk associated with running including, but not limited to, falls, contact with other participants, the effects of the road and traffic on course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I for myself and anyone entitled to act on my behalf, waive and release the Skip Matthews Memorial Run, Dartmouth Hitchcock Medical Center, City of Lebanon, coordinating groups, individuals associated with the Skip Matthews Memorial Run, all sponsors and their representatives, employees, and successors from all claims or liabilities of any kind suffered in connection with this event. I also hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, or any other record of this event for any legitimate purpose.

Signature (Parent or guardian required if under 18) _____ Date _____